


DEAR TED:

Results
(Book) my auto-hyp
ypsil.
(Li System)

- SATURDAY -

Bill +
Elyn Tackie,
Mt. Shasta,
Calif.

WISHING YOU AND YOUR FAMILY A VERY
MERRY CHRISTMAS — AND A HAPPY AND
PROSPEROUS NEW YEAR.


ENCLOSED YOU WILL FIND AN ARTICLE
FROM THE L.A. TIMES OF SOME WEEKS AGO — ALSO
THE ADDRESS OF A SOCIETY YOU MIGHT WANT
TO WRITE TO.

WE JUST GOT TO MT. SHASTA AND RECEIVED
OUR MAIL — WHICH INCLUDED THE TAPE, YOUR
LETTER AND BOOK + PHOTOSTATED MATERIAL — ALL
MUCH APPRECIATED —

→ WE HAVE BEEN USING OUR AUTO HYP TO
GREAT RESULTS — THERE IS DEFINITELY A CHANGE
ALSO — WE ARE TRYING TO ROUND UP A
GROUP OF PEOPLE YOU COULD TEACH YOUR
AUTO-HYP METHOD TO — OR EVEN BETTER,

But, I spent only a short afternoon with Mr Matthews and that's too bad, because I know I could learn quite a lot more from him!

A few months ago, you told me, if you remember, that I might experience my first sighting before the end of the year! Well, a few weeks ago, that is, I am certain, exactly what happened. It was about 2:00 P.M. when I saw, in a beautifully clear, blue sky such as we have in Alberta, an oblong shaped (a little bit like a fat cigar!) *object, which seemed to stay still, about 600-800' high and 1 mile from me. Then it receded in the distance and disappeared within 3-5 minutes. The same after-noon, about 4:00 P.M. as I walked through the same spot (from which a good vantage view about the city can be obtained) here it was again! After a few seconds, it started to move, fairly slowly in a zig-zag fashion and disappeared in the distance.

* whitish-phosphorescent

Also, I have been practicing auto-hypn steadily. I have had some undeniably good results, in particular lately I realize that I am still in an experimental stage. I mean that it seems that I have to try and see what I can achieve with the mechanisms. At any rate, I realize more and more that it's a tremendous tool. I ordered a synchronizer from Schneider. Hopefully it will be here next January.