

Friday, November 17, 1972

TO WHOM IT MAY CONCERN

My name is Albert Heddema, and I live in Holland. I came to Cape Charles, Virginia, to be trained by Ted Owens in certain methods of the mind.

While in Cape Charles, I am staying at the Northhampton Hotel, Room No. 11.

Last night I woke up with the very strong feeling that Ted Owens was in my room, training me. I could hear him making the slight noises that he makes when he smokes a cigar during my daytime training. I was wide awake...heard him talking to me, training me...heard the slight noise of the cigar-smoking that he makes at his office. I repeat, I was not asleep and dreaming this. The room was dark and I looked around, but could not see anything because of the darkness. But I could hear the voice of Ted Owens, and so I knew that it was him. I was awake, now. I could hear the aluminum blinds at the windows rattling. Also I could hear Ted Owens talking to me. But my door was locked; I was alone in the hotel room; and this was in the middle of the night.

Today, the next day, I informed Mr. Owens of this, and he asked that I get it onto paper for his files...that such phenomena is very important.

I swear that, to the best of my knowledge, this is a true and accurate statement.

Albert Heddema

Albert Heddema
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NOVEMBER 12, 1972 11:11 PM
CAPE CHARLES, VA.

TO WHOM IT MAY CONCERN:

I HAVE BEEN STUDING TED OWEN'S

AUTO HYP. METHOD, HERE IN CAPE CHARLES. AFTER THE
SECOND DAY OF TRAINING, BOTH MY HUSBAND ANDMYSELF ASKED TO SEE ~~A~~ SOME SI'S APPEAR DURING
(PER TED'S INSTRUCTIONS)THE NIGHT. AT 3:30 AM (ON NOV 12TH) I WASAWAKED BY THE DOOR (WHICH WAS BOLTED SHUT)SLAMING BACK AND FORTH AS IF FROM A GREAT
WIND (THERE WAS NONE) AND AS I OPENED MY
EYES TO CHECK THE TIME I SAW ONE, THEN TWO
VERY LARGE WHITE FORMS FLOATING AROUND THE
ROOM - AS I WATCHED THEM, THE AIR IN THE
ROOM BECAME COLD AND ELECTRIC AND MYHUSBAND WOKED UP AT THIS POINT AND SAW THEM
AS WELL. I THEN FELL PEACEFULLY ASLEEP
UNTIL MORNING.

Edyrsache

Nov 12 1972
Cope Charles V.A.

TO WHOM IT MAY CONCERN.

ON NOVEMBER 10TH 1972 I STARTED TED OWEN'S AUTO HYP METHOD. ON NOV. 12TH UPON RETIRING MY WIFE AND I BOTH ASKED TO SEE THE SF FORCES THAT EVENING. IN THE MIDDLE OF THE 'NITE I SUDDENLY BECAME WIDE AWAKE AND SAW A WHITE FORM IN THE ROOM AND THE DOOR JAMMING BACK AND FORTH AND "SOMETHING" MAKING A STRANGE SCRAPING SOUND ON IT (THE DOOR). AND THE ROOM WAS FILLED WITH A VERY STRANGE AND POWERFUL ENERGY.

William Roche

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